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**Memory Strategies**

1. **Recite:** Read a textbook passage, then look away and state in your own words what the passage was about.
2. **Rehearse:** The more times you encounter info, the better you will remember it. **Read before class, Attend class, Take notes and review them, Make flashcards, Create games**
3. **Activate Your Prior Knowledge:** Relate what you are learning to information you already know.
4. **7 plus or minus 2:** Most people can hold seven ideas in their short term memory, so limit what you learn to the main ideas.
5. **Visualize:** Draw a picture of what you are trying to learn or create a concept map of the material.
6. **Clustering:** Re-organize items you are trying to remember into categories that make sense to you.
7. **Make-A-Word:** When memorizing a list, use the first letter of each word to make a new word that will help you recall the list (FOIL – First, Outer, Inner, Last)
8. **Make-A-Sentence:** Use the first letter of each word to make a funny sentence to jog your memory (Please Excuse My Dear Aunt Sally – Parenthesis, Exponents, Multiplication, Division, Addition, Subtraction).
9. **Questions:** Create possible test questions to check your ability to recall the information.

