

Academic Skills Workshops

Summer 2017

College Reading Strategies

Jun 6 Tue 4:30pm—5:15pm
Jul 17 Mon 10:30am—11:45am

Exam Strategies

Jun 12 Mon 3:00pm – 4:15pm
Jul 24 Mon 3:00pm —4:15pm

How do YOU Learn Best

Jun 2 Fri. 1:30pm—2:45pm
Jul 11 Tue. 10:30am—11:45am

Improving Concentration

Jun 22 Thu. 1:30pm —2:45pm
Jun 30 Fri. 10:30am—11:45am

Lecture Note Taking

Jun 9 Fri. 1:30pm—2:45pm
Jul 19 Wed. 3:00pm—4:15pm

Managing Performance Anxiety

Jun 13 Tue. 10:30am—11:45am
Jul 14 Fri. 3:00pm —4:15pm

Memory Strategies

Jun 21 Wed. 10:30am —11:45am
Jul 27 Thu. 1:30pm —2:45pm

Motivation & Goal Setting

Jun 1 Thu. 3:00pm —4:15pm
Aug 4 Fri. 10:30am—11:45am

Organization Strategies

Aug 11 Fri. 12:00pm—1:15pm

Overcoming Procrastination

May 24 Wed. 3:00pm— 4:15pm
Jul 5 Wed. 1:30pm —2:45pm

Scheduling & Time Management

May 22 Mon. 1:30pm— 2:45pm
Jul 6 Thu. 10:30am— 11:45am

Math Study Strategies

Aug 18 Fri. 1:30pm— 2:45pm

Sleep Better

May 19 Fri. 1:30pm—2:45pm
Jun 27 Tue. 3:00pm—4:15pm

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Learning How to Learn Crash Course

Aug 24 Thu. 1:00pm—4:00pm
Aug 25 Fri. 11:00am—2:00pm



Learning How to Learn Crash Course

Aug 24 Thu. 1:00pm—4:00pm
Aug 25 Fri. 11:00am—2:00pm