

June 17

July 20

Wed 1:30pm-2:45pm

Mon

12:00pm-1:15pm

# Virtual Academic Success Workshops Summer 2020



All Summer 2020 Workshops will be presented via Blackboard Collaborate. Please join us online at

#### https://tinyurl.com/masonworkshops

Campus Resources			Motivation and Goal-Setting				
	Fri	10:30am-11:45am			_		
July 31	FII	10:30am-11:45am	May 28		3:00pm-4:15pm		
			Aug 14	Fri	1:30pm-2:45pm		
Colle	ge Readin	g Strategies					
May 26	Tue	3:00pm-4:15pm	Note	Taking D	uring Class		
June 26	Fri	10:30am-11:45am	July 7	Tues	1:30pm-2:45pm		
	Exam Stra	ntegies	<b>Overcoming Procrastination</b>				
Aug 20	Thur	3:00pm-4:00pm	June 3	Wed	10:30am-11:45am		
Aug 21	Fri	1:00pm-2:00pm	June 30	Tues	12:00pm-1:15pm		
Focus Better			Scheduling & Time Management				
June 18	Thurs	10:30am-11:15am	June 2	Tues	4:30pm-5:45pm		
July 10	Fri	3:00pm-4:15pm	July 2	Thurs	10:30am-11:45am		
			Aug 20	Thurs	2:00pm-3:00pm		
			Aug 21	Fri	12:00pm-1:00pm		
How to Study for Online Courses							
May 29	Fri	1:30pm-2:45pm					
			Science & Math Study Strategies				
			July 23	Thurs	1:30pm-2:45pm		
Lea	rning Hov	v to Learn					
Aug 20	Thur	1:00pm-2:00pm					
Aug 21	Fri	11:00am-12:00pm	Sleep Better				
			June 23	Tues	3:00pm-4:15pm		
Manaş	ging Acade	emic Anxiety					
June 6	Tues		Succeeding When Taking Online Exams				
July 15	Wed	3:00pm – 4:15pm	June 8	Mon	3:00pm-4:15pm		
-		•	July 17	Mon	9:00am-10:15am		
			Aug 7	Fri	12:00pm-1:15pm		
Memory Strategies							
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Date	Day	Time	Title	
5/26/2020	Т	3:00pm	College Reading Strategies	
5/28/2020	R	3:00pm	Motivation & Goal Setting	
5/29/2020	F	1:30pm	How to Study for Online Courses	
6/2/2020	Т	4:30pm	Scheduling and Time Management	
6/3/2020	W	10:30am	Overcoming Procrastination	
6/8/2020	M	3:00pm	Succeeding When Taking Online Exams	
6/9/2020	Т	10:30am	Managing Academic Anxiety	
6/17/2020	W	1:30pm	Memory Strategies	
6/18/2020	R	10:30am	Focus Better	
6/23/2020	Т	3:00pm	Sleep Better	
6/26/2020	F	10:30am	College Reading Strategies	
6/30/2020	Т	12:00pm	Overcoming Procrastination	
7/2/2020	R	10:30am	Scheduling and Time Management	
7/7/2020	Т	1:30pm	Note Taking During Class	
7/10/2020	F	3:00pm	Focus Better	
7/13/2020	M	9:00am	Succeeding When Taking Online Exams	
7/15/2020	W	3:00pm	Managing Academic Anxiety	
7/20/2020	M	12:00pm	Memory Strategies	
7/23/2020	R	1:30pm	Science & Math Study Strategies	
7/31/2020	F	10:30am	Campus Resources	
8/7/2020	F	12:00pm	Succeeding When Taking Online Exams	
8/14/2020	F	1:30pm	Motivation & Goal Setting	
8/20/2020	R	1:00pm	Learning How to Learn	
8/20/2020	R	2:00pm	Scheduling and Time Management	
8/20/2020	R	3:00pm	Exam Strategies	
8/21/2020	F	11:00am	Learning How to Learn	
8/21/2020	F	12:00pm	Scheduling and Time Management	
8/21/2020	F	1:00pm	Exam Strategies	



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