

# PLAE

## Test Prep Method

### **P** RE-PLANNING

As soon as you find out that you have a test, address the following questions:

- When is the test?
- What other obligations do I have during the week of the test?
- What kind of test will be given?
- What is my goal for a grade on this test?

### **L** ISTING

Outline a plan of study. Make a list of the study strategies you will use such as flash cards, reviewing Cornell notes, or outlining answers to essay questions. For each strategy, determine the following:

What will I do?	When & where?	For how long?	Why?	Did I do it?

### **A** CTIVATING

At this stage you should activate the plan you created in the previous stage. Monitor whether the plan is being followed. If not, determine what is interfering and decide on changes that should be made.

### **E** VALUATING

After the test has been taken and returned, evaluate the effectiveness of your plan. Was the test what you expected? What changes can you make for upcoming tests? Keep your study plans so that you can refer to them throughout the semester.