

# SQ4R

## TEXTBOOK READING METHOD

This reading method works best on traditional textbooks that have headings. For books of literature or prose, use a method like EVOKER.

"SQ4R" stands for the steps in the reading process.



### SURVEY

Before you begin reading, look over the chapter title, headings, subheadings, graphics, and summary. Estimate how much time you will need to read the selection.

### QUESTION

In your book, turn all the chapter headings into questions. Add phrases like, "What is...", "How does...", and "Why...".



### READ

After creating all of the questions, go back and read the first heading question. Read the section under that heading with the intention of finding the answer.

### RECITE

Look away from the book and answer the question out loud and in your own words. If you cannot do this, re-read the section until you can.



### RECORD NOTES

Write the answer to the question you created. Repeat for each heading.

### REVIEW YOUR NOTES

Review the notes you created on a regular basis.

