

STUDYING FOR EXAMS

1 KNOW WHEN AND WHERE THE EXAM WILL BE GIVEN

2 PLAN YOUR STUDY TIME

Allot study time in your planner or daily calendar.

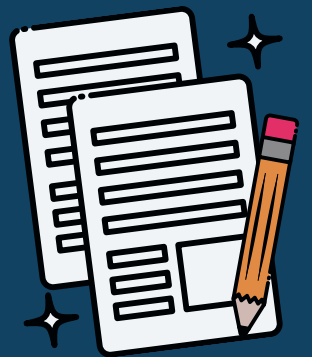


3 STUDY MULTIPLE SUBJECTS

Don't study one subject for hours at a time.

4 REWARD YOURSELF

Have a 5-minute break for every 25 minutes of studying.



5 HAVE HEALTHY SLEEPING AND EATING HABITS

6 DON'T DEPEND ON STUDY GROUPS

Know all the content, not just what you are responsible for in the group.

7 STUDY WHAT IS IMPORTANT

Use the syllabus, lecture notes, and previous tests or quizzes as guides.

8 ASK YOURSELF QUESTIONS AS YOU STUDY



9 STUDY THE MOST RECENT MATERIAL FIRST AND WORK BACK THROUGH THE COURSE

10 RELAX FOR HALF AN HOUR BEFORE THE TEST

Don't cram!

